

Ballistic Body Armor Resistance Chart NIJ STD 0101.06.

CALIBER	PROJECTILE	WEIGHT (grains)	VELOCITY (ft/s)	VELOCITY (m/s)	NIJ LEVEL
38 Special	RN Lead	158	850	250	I
38 Special + P	SWC Lead	158	950	290	I
22 LRHV	Lead	40	1050	320	I
22 LRHV	Lead	40	1200	365	II-A
9 mm	FMJ	124	1090	335	II-A
.357 Mag	JSP	158	1250	381	II-A
.357 Mag	JSP	158	1300	395	II-A
22 LRHV (R)	Copper Plated Lead	40	1450	440	II-A
9 mm	FMJ	124	1175	358	II
.357 Mag	JSP	158	1395	425	II
.357 Mag	SJSP	125	1450	440	II
12 Gauge	00 (buckshot)	9 (pellet)	1350	410	II
.44 Mag	Lead	210	1300	397	II
.44 Mag	SJSP	240	1180	360	II
9 mm Lapua	FMC	123	1200	366	III-A
9 mm Norma	FMJ	116	1150	351	III-A
9 mm GECO	FMC	123	1200	366	III-A
9 mm Canadian	FMJ	116	1250	381	III-A
9 mm Israel			1200	366	III-A
9 mm CAVIM	FMJ		1110	339	III-A
.44 Mag	Lead SWC GC	240	1400	425	III-A
9 mm	FMJ	124	1400	425	III-A
9 mm SMG	Silvertip HP	115	1400	425	III-A
7.62 mm NATO (R)	USM Ball M80	150	2750	838	III
5.56 mm NATO (R)	USM Ball M855	62	3050	925	III
5.56 mm NATO (R)	USM Ball M193	55	3050	925	III
30.06 (R)	USM AMP 2 Armor piercing	166	2850	868	IV

RN Round Nose
FN Flat Nose
SWC Semi Wadcutter
FMJ Full Metal Jacket

SP Soft Point
HP Hollow Point
GC Gas Check
AP Armor Piercing

JHP Jacketed Hollow Point
JSP Jacketed Soft Point
SJHP Semi Jacketed Hollow Point
SJSP Semi Jacketed Soft Point